

STICKS & STONES

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CONGRATULATIONS TO OUR NATIONAL CHAMPIONS

The month of August and early September were very busy for Lacrosse in Canada in which seven out of the eight National Championships were held.

The Pee Wee and Bantam Nationals opened the Championship month, of August, during the Ontario Lacrosse Festival in Whitby, ON. Eight teams competed in both age categories. Team BC won the E. G. Dopp Trophy (PeeWee A) while Team New Brunswick won the E.D. Blair Trophy (PeeWee B). Marcus Davis from B.C. was name MVP of the Pee Wee Championship.

Team Ontario won the Commissioners Trophy (Bantam A) while Team Nova Scotia won the Bantam B Trophy. Jordan Kanscall from Alberta was name the MVP of the Bantam event.

The Founders' Trophy saw thirteen teams competing in Guelph, Ontario for the Junior B title. The Six Nations Rebels won the gold in an exciting game of 8 to 7 against the Guelph Regals. The Tournament MVP was awarded to Andrew Marcoux of the Guelph Regals who was provided with an engrave watch from Timex.



Owen Sound vs. Tri-City - photo courtesy of www.sherwoodparkoutlaws.com/photogallery.php

Six teams travelled to Sherwood Park, Alberta to compete for the Senior B Championships, the Presidents' Cup. The Owen

Sound Woodsmen won the gold with the Tournament MVP being awarded to Calvin Crawford of the Kahnawake Mohawks who also received a Timex watch engraved with the tournament logo.

The Minto Cup, the Canadian Junior A lacrosse championship was held at the Max Bell Arena in Calgary from Aug.22-30th.

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CLA 2009 SEMI-ANNUAL GENERAL CONFERENCE

The CLA is preparing to deliver its 2009 Semi-Annual General Conference. The Semi-Annual General Conference will include a number of professional development workshops covering a wide variety of topics for the greater lacrosse community. The usual CLA semi-annual general meetings will also be held for identified delegates in conjunction with the conference.

The professional development workshops will be open to CLA meeting delegates and the general lacrosse community, including coaches, officials and club administrators.

Calgary, Alberta is the host location for the 2009 Semi Annual General Conference with CLA delegate meetings will take place from May 28 to May 31. Conference workshops will be held on May 30 and May 31 and will cover a number of topics, primarily intended for lacrosse coaches and officials at all levels.

More information, including registration and scheduling details, on the CLA Semi Annual General Conference will be available at www.lacrosse.ca in the coming months

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Quote

"He who is not courageous enough to take risks will accomplish nothing in life."

Muhammad Ali

CLA EXPANDS PARTNERSHIP WITH TIMEX



The CLA would like to take this opportunity to thank Timex for providing us with watches for all our major CLA National Championship Most Valuable Players. Each watch has been

engraved with the specific championship logo and is valued at over \$100.00.

This partnership started with the 2006 Minto Cup and was expanded this year to include all major championships –

Founders' Trophy, Presidents' Cup, Mann Cup, Alumni Cup, First Nations Cup, Ross Cup/Victory Trophy and of course the 2008 Minto Cup.

We would like to also thank all our 2008 Minto Cup sponsors for their generous support. They are:

- Calgary Roughneck
- Calgary Sun
- Warrior
- Gait Lacrosse

- Highwood Manufacturing
- T. Litzen Sports Ltd.
- PowerAde
- Yamaha
- PointStreak
- City of Calgary
- Westfab
- Bencal
- Kentz Engineering
- Christie Lights

CLA ENGAGES SERVICES OF A COOP STUDENT

The CLA has entered into a partnership with Algonquin College's Sports Business Management Graduate Program and have engaged the services of a co-op student. After attending a placement day where a number of qualified candidates were interviewed, Cody

Jansma was selected.

Cody comes to the CLA with an extensive sports background having played both hockey and lacrosse at the junior levels including hockey for the Carleton Ravens. He played for the Barrie Tornado in 2003 and was Head Coach

of their Pee Wee house team (2007). He currently is head instructor and manager of the Ottawa Branch of Pro Goaltending and Consultation.

Join us in welcoming Cody as the newest member of our lacrosse community.

HERITAGE FUND DRIVES COLLABORATION



When the CLA announced in May that funds had been allocated from the Heritage Grant for new provincial development projects, one of the new initiatives came from Lacrosse Nova Scotia aimed at increasing the participation numbers of females aged 14 to 17 years.

Lacrosse Nova Scotia approached the CLA Women's Sector for assistance who in turn looked to the National Team Program to help out. It was a natural fit, as National Team players are great resources with experience in running camps for young players, and not only relate well to the young girls but are truly great role models. The National Team Program quickly jumped on

board and plans were set in motion.

On the weekend of September 13-14, two Senior Team Canada players and a coaching facilitator travelled to Halifax to introduce the field game to girls aged 9-18 and volunteers.

The National players introduced the

basic fundamentals through a number of drills and games. With speed, quickness and agility such an integral part of a player's skill set, the girls also learned some basic s-q-a training activities – all transferrable to many other sports.

Local volunteers participated on field to watch the players in action and learn the basic rules of the game. Following the development weekend, they will take the lead in launching a six-week lacrosse program for the girls, with the intent of continuing to build the program in 2009.

The LNS initiative is a great example of collaboration between local, provincial and national bodies in growing the game, and making the best use of our collective resources.

Congratulations - continued from page 1

The Calgary Junior Mountaineers hosted the Victoria Shamrocks (B.C. Champions), the Edmonton Minors (Alberta Champions) and the Orangeville Northmen (Ontario Champions). The Orangeville Northmen won gold in the final game against the Victoria Shamrocks. The Jim Bishop Award, awarded to an individual for their leadership qualities, sportsmanship and outstanding play, was presented by Joyce Bishop & Grant Bishop, to Cayle Ratcliff #10 of the Victoria Shamrocks. The Most Valuable Player of the tournament was presented to Orangeville's #28 Stephen Keogh will receive a 10k gold specially designed ring.

Also running in Calgary, in conjunction with the Minto Cup, were the Midget Nationals. Seven provincial teams from across the country competed for the Tackaberry Trophy and the title of

Midget National Champions. Team Ontario was successful in capturing the Cup.

The First Nations Trophy and Alumni Cup took place over the Labour Day Weekend, not far from Calgary, in Edmonton AB. The U19 – First Nations Trophy was presented to the BC Selects with the Tournament MVP being awarded to Blake Duncan #13, also of the BC Selects. The Alumni Cup was presented to Halton Hills of Ontario and the Tournament MVP was awarded to Halton Hills Mike MacDonald #8.

As August came to the end so did the Box lacrosse season with the playing of the coveted Mann Cup, the Senior A Box Lacrosse Championship. The Provincial Champions from Ontario and BC competed for Senior A supremacy. This year the Brampton Excelsiors hosted the New Westminster

Salmonbellies with the Excelsiors' win-

ning in four straight games.

Thanksgiving weekend will wrap up the CLA national championship with the playing of the Senior Men's Field Ross/ Victory Cup – October 10th – 12th, in Calgary, AB.

Congratulations to all our Champions and best of luck to those competing in the Ross/Victory Cup.

You can visit the CLA website at www.lacrosse.ca for more details on the Victory/Ross Cup.

LACROSSE FOR LIFE – AN UPDATE ON LONG TERM ATHLETE DEVELOPMENT

The CLA's Lacrosse for Life is a player development pathway that helps Canadian kids get into lacrosse, have fun, learn skills, and develop to their full potential over the long term. The pathway is based on the best practices

“The CLA is excited to have come this far in finding a formula that will best develop our young athletes and we look forward to the next steps”.

in sport training and coaching from around the world, and it's our way of keeping lacrosse fun and safe for kids of all ages and sizes, even while we develop the champions of tomorrow.

The CLA has continued to take positive steps forward in further refining Lacrosse for Life and the player development pathway.

Based on gathered feedback obtained through ongoing consultation with

members from the greater lacrosse community and following LTAD presentations to members at the CLA SAGM, the CLA's LTAD Technical Committee has made revisions to the LTAD Lacrosse for Life Overview and

Stages documents. The latest edition of Lacrosse for Life will be presented to members during some upcoming MA AGMs and the CLA's AGM. In addition to this, the LTAD Technical Committee is working diligently to

complete a Competition Review, which will cover such areas as competition scheduling and tiering.

The CLA is excited to have come this far in finding a formula that will best develop our young athletes and we look forward to the next steps. For more information on Long Term Athlete Development visit www.ltad.ca or contact the CLA office.



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CLA Values

HEART

Health & Wellness

Excellence

Accountability

Respect

Teamwork



MISSION

To promote, develop and preserve the sport of lacrosse and its heritage, as Canada's national summer sport, by working with our partners, to ensure that opportunities exist for individuals to participate and achieve excellence.

VISION

Lacrosse is nationally recognized as a thriving sport whose athletes are the best in the world.

CLA MANDATE

- Represent Canadian Lacrosse internationally
- Provide a Long-Term Athlete Development (LTAD) model for lacrosse in Canada
- Facilitate communications and relationships building among Member Associations (MAs) / Associate Member Associations (AMAs)
- Develop player, coach, official and volunteer programs for implementation by MAs / AMAs
- Develop, regulate and review playing rules, equipment standards and codes of ethics
- Run national competitions
- Monitor and abide by policies and financial requirements of federal institutions
- Provide exposure and resources to the growth and development of the sport nation wide

IMPORTANT DATES/DEADLINES TO REMEMBER

October 17 - Member Association/
Associate Member Association
Organization Fee is due

October 31 - Participant Summary
information is due

November 1 - Deadline for nomination
for Executive position up for election at
CLA Annual General Meeting

November 13 to 16 - CLA Annual
General Meeting, Quebec City

November 15 - Deadline for the
submission of referee travel expenses to
CLA Office for reimbursement.



January 31 - Deadline for nominations
for Lester B. Pearson Award