

STICKS & STONES

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LACROSSE ON THE HILL

There were spirited attacks and some staunch defence on Parliament Hill on the afternoon of April 14, and the action wasn't all taking place in the House of Commons.

Peewee players from the Gloucester Griffins Lacrosse Association played a game on the lawn. The Honourable Peter Milliken, Speaker of the House, participated in a ceremonial faceoff and watched the 11- and 12-year-olds play before question period.

"Playing Canada's national summer sport on Parliament Hill is a real thrill for my son," said Gloucester parent and coach Jay Fox.

The late Prime Minister Lester B. Pearson would have loved the site as he played lacrosse in his youth.

The idea for the game came about during a recent reception by MPs for players and executives of Canada's team for the world field lacrosse championship in Manchester, England, in July.

"At last month's reception in Ottawa, I realized that many MPs hadn't seen a lacrosse game in a long time," explained Team Canada executive director Dean French. "This lacrosse game on Parliament Hill is an opportunity to promote our national summer sport.

"Team Canada and the Canadian Lacrosse Association plan to make this an annual event on Parliament Hill."

French met with Minister of Sport Gary Lunn on April 15 to discuss details of the world tournament.

The national men's team has made a commitment to connect with minor lacrosse organizations. A youth clinic was held in Toronto last October that was held after national team tryouts concluded.

"I couldn't believe that following the tryouts head coach Dave Huntley and his players stayed to run that clinic," said Fox, who had two sons receiving instructions from some of the best players in the world.

Team Canada media contact: Neil Stevens at loose47@live.com

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The Honourable Peter Milliken, Speaker of the House participated in the ceremonial face off before question period.

The Honourable Peter Milliken, Speaker of the House, BC Senator Gerry St. Germain, Edmonton-Sherwood Park MP Tim Uppal and Dean French, Chair of the 2010 Men's National Team pose with some players on the Hill.





2010 MEN'S NATIONAL TEAM HEADS TO THE HILL

On March 16th members of the 2010 Men's Field National Team descended on Parliament Hill.

With the generous support of MP Dean Del Mastro, Parliamentary Secretary to the Minister of Canadian Heritage, and the leadership of National Team Chair, Dean French, a formal reception in support of the team and our great sport was held in the nation's capital.

The event was a wonderful opportunity to increase the awareness of Lacrosse, its importance in our Canadian heritage and the accomplishment of the members of our 2010 Men's National Team. Some of Canada's best players, including Brodie Merrill, Jordan Hall, Patrick Merrill, Gavin Prout, and Geoff Snider, and Team Canada coaching staff, lead by Head Coach Dave Huntley, welcomed the MPs and parliamentary staff who attended.



Jordan Hall, Team Canada member generously sponsored by the New Westminster Salmonbellies, poses with Minister James Moore at the reception.

The event also proved to be a great fundraiser in support of Team Canada which will be headed to the 2010 World Field Lacrosse Championships in Manchester, England from July 15 to 24th.

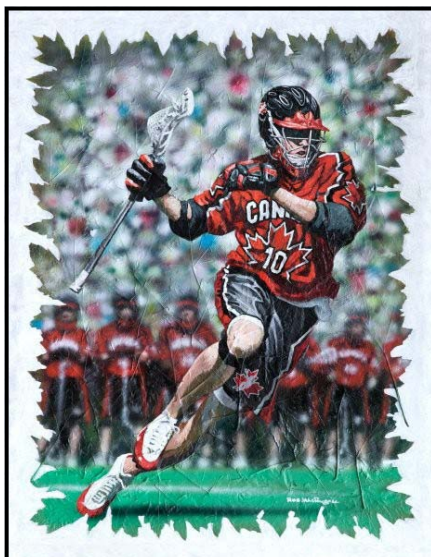
Canadian artist, Rob MacDougall was commissioned by Team Canada to create a unique image that truly represents Canada on the international stage. Rob used real preserved maple leaves as his canvas to represent our proud Canadian heritage. 308 limited edition prints have been made available for sale in which the proceeds will help send our athletes to England. The first of which was presented to Prime Minister Stephen Harper, who was also presented with an official team jersey in late 2009.

A number of these special prints were bought by MPs who attended the Parliament Hill reception and the support for Team Canada was inspiring.

Team Canada has also benefitted from a number of generous sponsors and donations, whether they be corporate, community, club, or individual.

Join the team and visit www.teamcanadalacrosse.com to see how you can lend support to Team Canada.

GO CANADA GO!



Canadian artist, Rob MacDougall was commissioned by Team Canada to create a unique image that truly represents Canada on the international stage. Rob used real preserved maple leaves as his canvas to represent our proud Canadian heritage.

For information on pricing and to purchase a Team Canada print contact:

Jaime McMillan

Team Canada Lacrosse 2010

t. 905 845 5110

f. 1 866 390 1452

e. jaime.mcmillan@teamcanadalacrosse.com

w. www.teamcanadalacrosse.com

A NEW LOOK FOR THE CLA WEBSITE

On March 29th, 2010, the CLA launched its new website. The site is now being hosted by Pointstreak Sites, but can still be found at <http://lacrosse.ca>. The change was made in an effort to make the site more visual, interactive and easy-to-use. As with any change, there are likely to be a few early hiccups and we ask for your help in identifying anything that is missing or malfunctioning within our new site.

The CLA is very excited with the launch of this new site and would like to use this transition as a turning point in the services and information that we provide to the Canadian lacrosse community. We value your feedback and welcome suggestions that can help us make sure our site meets your needs. Please send any suggestions to info1@lacrosse.ca. In the months to come, look for the following to appear on the CLA site:

- Player/Coach/Team of the week
- YouTube videos from our YouTube contest (see page 4 for more information)

One of the most exciting elements of the new CLA site is that we will be lending a hand to our MAs to develop new sites and link them to the CLA's site. This will make it easier for the CLA to communicate with coaches, officials and the lacrosse community about CLA events, important deadlines and other news.

Finally, while the CLA is committed to offering a more interactive, informative and fun website to all of our stakeholders, we need your help to make it all that it can be. We invite you to look at the CLA website as a forum for you to showcase your teams, players, events and more. We would love to receive stories, info, and most importantly, photos, from all of you to upload to our site and share with the Canadian lacrosse community. Please ensure if you are sending us photos to post on our site that you have obtained consent to display these pictures.

COMING ATTRACTIONS...LACROSSE FITS

Lacrosse has been travelling the road of Long-Term Athlete Development for a couple of years now and we have already accomplished a LOT! Lacrosse's plan for lifelong lacrosse involvement has been laid out and detailed in the Overview and Stages documents. Recommendations have been issued regarding practice-to-game ratios, facility usage, provincial championships and tiering.

More recently, the CLA's LTAD Committee has developed a set of Skill and Drill Cards and a School Curriculum. These resources are going to print and will then be shipped out to the CLA's member associations to aid new coaches and PE teachers in their pursuits to teach lacrosse to a new generation. The committee has also drafted a complete competitions calendar, which lays out all of the CLA's national tournaments, with competition dates, format, number and composition of teams, etc. This calendar is currently being designed and will be available soon.

With all of those route markers behind us, the next step on the road to implementing long-term athlete development in lacrosse is the Lacrosse FITS program. Lacrosse FITS will be a national, grassroots program that the CLA will be developing in 2010-11. It will embrace the concepts of the Overview and Stages documents and its main focus will be on FUN and accessibility.

The concept of Lacrosse FITS was generated by the Manitoba Lacrosse Association, specifically Dave Little and Kylo Harris, and it focuses on the need for an introductory program that can be implemented anywhere. The MLA has generously allowed the CLA to build on their idea and transform Lacrosse FITS into a national program.

The Canadian Lacrosse Association is extremely excited about Lacrosse FITS and is envisioning this program as the tool that will bring lacrosse back into the school system and to communities that do not have traditional lacrosse facilities and equipment available to them. The content of the program will include modules on the aboriginal origins of the game, respect in sport and the roles of all lacrosse stakeholders (coaches, officials, parents, athletes and organizers). It will also include many practical resources such as lesson plans, drills, player evaluation tools and more.

The program is still in the early stages of development, which means that the CLA is open to any suggestions that you might have to help lacrosse FIT into your community.

Please send comments and/or suggestions to ross@lacrosse.ca.





FAVOURITE LACROSSE VIDEOS WANTED!

Request for video projects planned and produced by Canadian athletes that demonstrate their favourite lacrosse moments. Creativity is encouraged!!

Categories:

- Box Lacrosse (12 and under) – BEST VIDEO
- Box Lacrosse (21 and under) – BEST VIDEO
- Women's Field Lacrosse – BEST VIDEO
- Men's Field Lacrosse – BEST VIDEO

Awards for first, second and third place will be provided in each category.

*More than one video may be submitted by any one person or group.

Videos should be no more than 5 minutes in length and can include:

- original footage of game or practice situations
- technical concepts (i.e. a favourite practice drill or tricks with sticks)
- interviews with lacrosse coaches or with other players
- historical, technical or comical elements
- musical vignettes of digital photos (i.e. mashing)

Send submissions to:

Ross Ste-Croix, Program Coordinator: ross@lacrosse.ca

DEADLINE to submit: August 31, 2010

Videos can be viewed at: <http://www.youtube.com/canlacrosse>

Note: All videos will be screened to ensure appropriateness before being uploaded.

Videos will only be uploaded if they are accompanied by a signed Media Release Form.

Winners will be contacted and announced on the CLA web-site (<http://lacrosse.ca>) in early October.

IMPORTANT DATES/ DEADLINES TO REMEMBER

DEADLINES:

April 30: Deadline for entry fees to Minor Nationals

April 30: Intercrosse fees due

May 6: Participant fees due

June 1: Deadline for entry fees for Founders' and Presidents' Cups

June 11: Deadline for national championship trophies to be returned to the office

CLA Meetings:

Semi-Annual General Meeting: May 27-May 30, Saskatoon, SK

Annual General Meeting: November 18-20, Ottawa, ON

CLA Sponsor



CLA Values

HEART

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Accountability

Respect

Teamwork



The Fun with Fundamentals 3-part DVD series is a must have for anyone who is serious about CANADA'S NATIONAL SUMMER SPORT. Elite players, including Shawn Williams, Delby Powless and Steve Toll, provide expert guidance while demonstrating and highlighting the key teaching points of each skill, technique and strategy.

From scooping, cradling, passing, catching, and shooting to motion offense, team defense, line changes and drills, you will better your ability to play and read the game of box lacrosse.

The Fun with Fundamentals series can be purchased through your Provincial Lacrosse Association.