

STICKS & STONES

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SASKATOON PLAYS HOST TO SUCCESSFUL CLA SAGM

Saskatoon Box Lacrosse and the Saskatchewan Lacrosse Association played host to the Canadian Lacrosse Association's Semi-Annual General Meeting, May 27-30, 2010.

The successful event was attended by more than 60 delegates from across the country.

The Sheraton Cavalier provided a great setting where individual sector meetings took place on Thursday and Friday, with the Board of Directors meeting being held on Saturday.

There were mixed emotions as Kim Knowles, the Women's Field Sector Chair and Deb Stocks, Men's Field Sector Chair complete their terms ending their respective runs. Deb and Kim have long been involved in lacrosse and within the CLA. They will both be dearly missed by the CLA and the greater lacrosse community as the sector chairs. The CLA would like to recognize both for their long time contributions and thank them for the time and energy they have invested with the Association.

The Women's Field Sector will now be chaired by Marisa Di Bari from Ontario and the

Men's Field Chair is currently vacant until a nomination is put forward.

In a special moment during the weekend, longtime official and volunteer, John Herd was presented with the Lester B. Pearson Award. More information on John and the presentation of the award can be found on page 2.

Included in the board meeting was an announcement detailing the restructuring of the CLA office which will include Melissa McKenzie (Executive Director), Ross Ste-Croix (Program Coordinator) and Jane Clapham (Office Administrator) and a number of positive steps forward for the CLA's Long Term Athlete Development model were taken.

The CLA Golf Tournament, an annual attraction for most, did not fare as well since rain, cold temperatures and high winds led to its demise.

The Friday evening included a full steak dinner at the Casino and Saturday evening included a full course meal at a great downtown Saskatoon restaurant.

The CLA would like to extend a very big thank you to all of the volunteers of the SBLA and the SLA. The hospitality and planning was exceptional!

The 2010 CLA AGM will be held at the Novotel in downtown Ottawa, Ontario from November 18-20, 2010. The CLA is looking forward to hosting in the nation's capital!



Lester B. Pearson Award winner, John Herd, with past winners (from left) CLA past President Jim Burke, CLA Vice President Stew Begg, BCLA President Sohen Gill and CLA Equipment Review Committee Chair Chuck Miller



SPORTSMANSHIP AWARD FOR TEAM CANADA MIDFIELDER, SHAWN WILLIAMS

Team Canada midfielder Shawn Williams is the winner of the National Lacrosse League's sportsmanship award for 2010.

Williams captains the NLL's Rochester Knighthawks. In his just-completed 13th indoor pro season, he was second on his team with 69 points including 23 goals, and he rarely saw the penalty box.

"When he was not on the floor leading Rochester as its captain, Williams left a mark in the community as well," the NLL stated in a news release from its New York head office in announcing the award Monday. "He also set a positive example on the floor, totaling a mere four minutes of penalty time in playing in all 16 games."

"It's a great honour anytime you're recognized by the lacrosse community," said Williams.

Williams helped Canada win the world field lacrosse championship in 2006, ending a 28-year title drought, and is on Canada's team for the 2010 tournament in Manchester, England, in July.

Lacrosse has been practically a full-time lure to Williams. He attended Brock University in St. Catharines and coached the school's lacrosse team, and he's coached the Six Nations team in the Ontario junior league. He's been a standout player for the Brooklin Redmen of the Ontario senior league during his summers for many years, and last August he scored the winning goal for the Toronto Nationals when they won the Major Lacrosse League field lacrosse championship.

Williams is 35 and lives in Oshawa, where he is a high school teacher.

Team Canada media contact: Neil Stevens at loose47@live.com

JOHN HERD RECEIVES LESTER B. PEARSON AWARD

1969 was a very good year.

This is year that John Herd picked up his whistle, once reserved for the sport of soccer, and put it to work in Canada's national summer sport. John became hooked on lacrosse that year and, as they say, the rest is history—this time history rich in passion, commitment and tremendous accomplishment.

On May 29th during the CLA Semi-Annual General Meeting, John was named recipient of the Lester B. Pearson Award. The Lester B. Pearson award is presented by the CLA to an individual in recognition of outstanding contributions of sportsmanship and leadership in the game of lacrosse and to the physical and mental development of young Canadians through unselfish dedication as a volunteer.

It was unanimous that this year's recipient be John and during the CLA's Semi-Annual General Meeting he was presented with this prestigious award. John has demonstrated a love of lacrosse and his accomplishments over the previous forty-one years are enviable and undeniable.

To his credit, John has officiated in 28 national championships, including both box and field, he has reviewed virtually every rule change and handbook, manual or guide to be published about rules or officiating, he is the CLA's longest serving member on the CLA officials committee, he is a CLA Master Clinician and he was inducted into the Ontario Lacrosse Hall of Fame in 2006.

John has been considered by some as the 'dictionary of lacrosse' and his knowledge and wit has gained the respect of all who come into contact with him. It was with great pleasure that the CLA presented the Lester B. Pearson to John and publically acknowledged his contribution to our great sport.

Thank you, Mr. John Herd.

Lester B. Pearson recipient, John Herd with
CLA President, Joey Harris



ROLLER INTER-CROSSE CATCHES ON QUICKLY

What do you get if you combine a hockey sledge, wheels, cut-down lacrosse sticks and a ball?

Roller inter-crosse, a new sport for people with disabilities.

That's exactly what the Paralympic Sports Association is shooting for. The PSA is in the middle of a four-week trial of the new sport, which combines the sports of sledge hockey and lacrosse.

"We were at a sledge hockey game and I met one of the aunts of one of our young players," says Suzanne Harrison of the PSA. "She was very involved with lacrosse and asked us if we had any programs for lacrosse."

That's when ideas started to surface – along with the "what if" factor. Word spread to the Greater Edmonton Lacrosse Council as well as the Alberta Lacrosse Association. Grant Trunk Arena was rented for an hour for four Monday nights.

"We had volunteer coaches come out and help us go through passing and scooping drills on the first week," says Harrison. "And then we had a game – and everyone had so much fun."

Sledge hockey player Corey McDonald, 21, enjoys the new sport.

"It's a lot like sledge hockey, but you need more upper-body strength in lacrosse," says McDonald, who uses crutches because he has cerebral palsy.

"It's different not being on ice and pulling yourself around with sticks with rubber ends."

But the fun is certainly there.

"If a program comes out of this, I would definitely play all the time," says McDonald. "It's great."

"We might go one more week because we're getting more people out every week," says Harrison, who will be submitting a proposal to get funding for equipment, and would like to get out to small communities around the city to showcase the sport.

To read the article published in the Edmonton Journal, go to:

<http://www.edmontonjournal.com/sports/Roller+inter+crosse+catches+quickly/3067176/story.html>



www.mintocup.ca

The 2010 Minto Cup is headed to Coquitlam, BC! The Junior A National Box Lacrosse Championship will be held August 21st to August 29th at the Coquitlam Poirier Sport and Leisure Complex.

Rooms for fans traveling to the 2010 Minto Cup have been booked at the following two hotels:

Executive Plaza Hotel

405 North Road
Coquitlam, BC
V3K 3V9
Tel: (604) 936-9399/(888) 433-3932
Fax: (604) 937-4577

Rates:

2 Double Beds - \$119.00
1 King Bed - \$129.00
1 Queen Bed & Double Sofa Bed - \$139.00

Release Date: Tuesday July 6th, 2010

Note: 15 rooms have been blocked and this is the hotel that teams will be staying at.

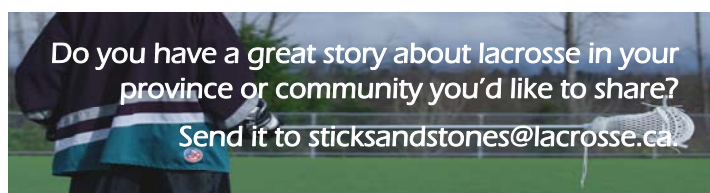
Executive Plaza Hotel

4201 Lougheed Hwy
Burnaby, BC
V5C 3Y6
Tel: (604) 297-2115
Fax: (604) 298-1123

Rate: Double Beds Suites - \$119.00

Release Date: Friday July 9th, 2010

Note: 15 rooms have been blocked. *Please quote Canadian Lacrosse Association rate.*



Do you have a great story about lacrosse in your province or community you'd like to share?

Send it to sticksandstones@lacrosse.ca



THE SPIRIT OF LACROSSE HEADS TO IQALUIT

Noah Hoselton was on YouTube when he got the inspiration to bring lacrosse to the teens of Iqaluit, the capital of Nunavut. One year later, the 16-year-old Ottawa lacrosse player is completing the details for Iqaluit's first lacrosse training camp, which will run from Aug. 29 to Sept. 3.

The video that caught Hoselton's eye was an eight-minute segment that ran on ESPN in 2007. It told the story of Kugluktuk, a hamlet 2,100 kilometres west of Iqaluit, where teen suicide was epidemic. In one five-month-period, three teenage boys committed suicide in the community of just 1,150.

Then Russ Sheppard arrived. The teacher from Saskatchewan introduced the sport of lacrosse to the teens of the town. In exchange, he demanded that participating students improve their efforts in school.

His plan succeeded. The number of teen suicides went down dramatically, while graduation rates went up.

Noah was inspired: "I saw the ESPN video and I said, "Man, that would be a good idea."

To read the article published in the Ottawa Citizen, go to:

<http://www.ottawacitizen.com/news/spirit+lacrosse+heads+Iqaluit/3084907/story.html>

CLA Values

HEART

Health & Wellness

Excellence

Accountability

Respect

Teamwork

GARY MARTIN

Most fans will remember Gary as an official at the Junior to Major level and his resume, to his credit, is simply astonishing. Gary had been involved in the sport of lacrosse in Ontario for over 50 years and had officiated on floor in 24 National and World championships, as well as acted as the RIC for 14 National Championships.

This past spring, Gary was diagnosed with Pancreatic Cancer and had been undergoing Low Dosed Targeted Chemotherapy. We are very sad to announce the passing of Gary on June 22, 2010. More information can be found at www.dixongarland.com and donations to the Canadian Cancer Society or Ontario Lacrosse Referee Association are being accepted.

Our condolences to Gary's family and friends.

IMPORTANT DATES/DEADLINES TO REMEMBER...

DEADLINES:

June 28: Inter-member transfers (box) must be completed

July 5: First Nations Trophy and Alumni Cup entry fee and notice of attendance are due

July 15: Deadline for list of officials to work at national championships

July 16: Coach registration fees are due

August 9: Ross Cup and Victory Trophy entry fees and notice of attendance are due

CLA Meetings:

Annual General Meeting: November 18-20, Ottawa,

National Championships:

Pee Wee/Bantam Nationals: August 1-7, Whitby, ON

Girls Bantam Box Nationals: August 3-7, Whitby, ON

Minto Cup: August 21-29, Coquitlam, BC

Midget Nationals: August 15-20, Coquitlam, BC

Founders' Cup: August 16-22, Mimico, ON

Presidents' Cup: August 16-21, Burnaby, BC

First Nations Trophy/Alumni Cup: Sept 3-5, Saskatoon, SK

Mann Cup: September 8-18, Ontario

Ross Cup/Victory Trophy: Oct 8-10, Montreal, QC

International Events:

Senior Men's Field World Championships: July 15-24, 2010, Manchester, England

CLA Sponsor

